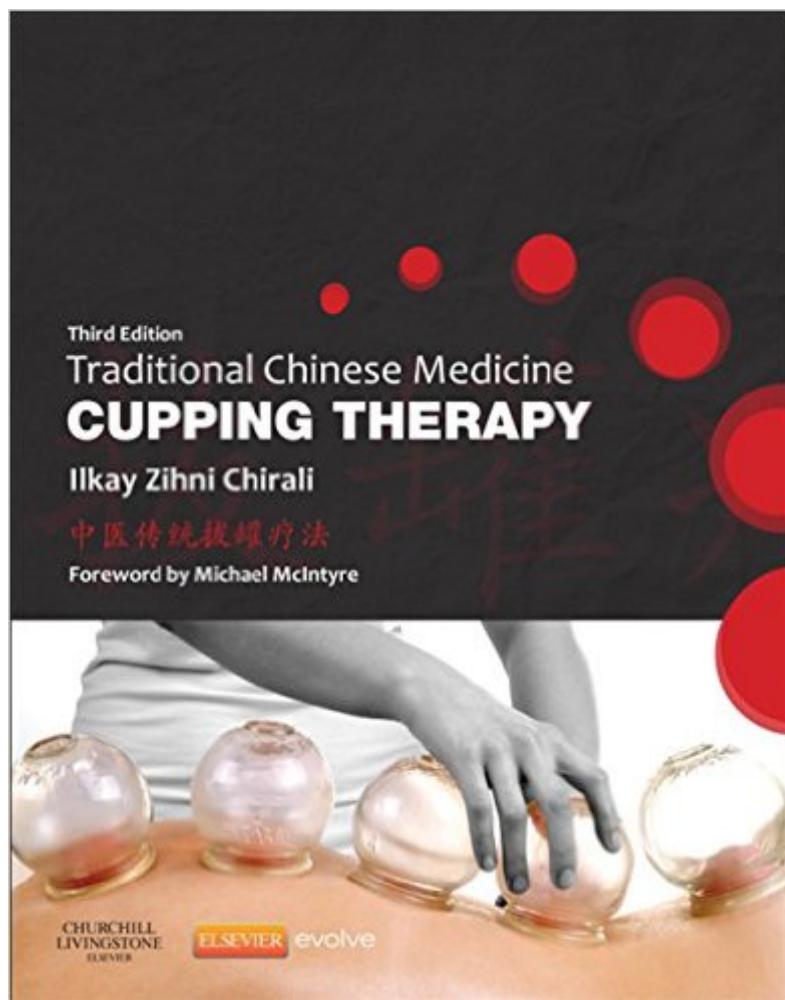


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# Traditional Chinese Medicine Cupping Therapy



## **Synopsis**

This 3rd edition explores and describes techniques of cupping in the context of TCM theory. It provides a clear and detailed set of practical guidelines to applying this technique for various common conditions, and looks closely at issues of safety, expectation and theoretical principles of action. This new edition includes new scientific research on cupping therapy and the effect on the immune system as well as new material on muscular pain, stress management and cupping therapy and sports medicine. A dedicated website complements the text with video clips showing the eleven methods of cupping therapy. DVD containing 12 video clips showing the use of cupping in practice. Unique scientific research on cupping therapy and the effect on the immune system. 16 page colour plate section containing 63 halftones. New page layout including new features. Thoroughly revised and updated throughout with more details allocated to individual treatment and methods. New material on muscular pain, stress management and cupping therapy and sports medicine.

## **Book Information**

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## **Customer Reviews**

VERY good book, thorough on history & all types of Cupping. My only wish is that there were more color photos instead of so many black & white. Otherwise a wonderful book to accompany anyone's training or curiosity on the subject.

This is an excellent book, but it requires some understanding of traditional Chinese Medicine. Another may be better for beginners.

Excellent print content on the kindle version. However, that content is meant to go hand in hand with digital content they talk about but will only include with the paper version. So be careful purchasing the kindle version as you won't get the whole thing. I spoke with customer service about the situation as well as trying to contact the publisher but all was to no avail. I find it disappointing that this shortage is not made clear up front, especially since the kindle version is almost the same cost but there is no printing or storing or shipping costs.

Even though I just started going through this book, it has been very helpful at letting me already incorporate cupping into my practice and can't wait to see where i'm at by the time I finish this book.

This is an excellent and very thorough introduction to cupping. I recommend it especially for anyone practicing Chinese Medicine. However, I think healers in other fields will find it useful as well.

Good book, lots of good information, the case studies also help.

Everything you'd ever want to know about cupping.

Very well done!

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